

## DR. CAROLINE JARRETT, DNP, APRN, FNP-C, AGACNP-BC

### EMPLOYMENT HISTORY

#### **ASSISTANT PROFESSOR OF NURSING, ARKANSAS STATE UNIVERSITY, 104 N CARAWAY ROAD, JONESBORO, ARKANSAS**

May 2021 – present

Supervise student registered nurses while they complete their clinical rotation in an acute care setting. Instruct the students how to perform their duties as future registered nurses in the clinical site and answer any questions they may have. Evaluate the students' clinical work.

#### **NURSE PRACTITIONER, NEA MEDICAL WEIGHT LOSS, 3401 E HIGHLAND, JONESBORO, ARKANSAS**

September 2022 – present

Assess patients for the treatment of medical weight loss. Order laboratory testing and interpret results. Educate patients on the importance of a healthy diet along with exercise.

#### **CROSSFIT LEVEL 1 TRAINER, CROSSFIT CATHAL, 66 GREENE ROAD 721, PARAGOULD, ARKANSAS**

July 2016 – present

Help improve body composition, flexibility, and strength in members. Lead group CrossFit classes while following proper progressions of CrossFit, weightlifting, and gymnastics all while ensuring safety. Provide exercise modifications for those individuals with limited mobility. Educate members on the importance of proper nutrition.

#### **NURSE PRACTITIONER, ACHIEVE MEDICAL WEIGHT LOSS, 3401 E HIGHLAND, JONESBORO, ARKANSAS**

February 2021 – September 2022

Assess patients for the treatment of medical weight loss. Order laboratory testing and interpret results. Educate patients on the importance of a healthy diet along with exercise.

#### **NURSE PRACTITIONER, ARCARE, 1530 N CHURCH STREET, JONESBORO, ARKANSAS**

October 2019 – April 2020

Assess and diagnose patients from the pediatric population to the geriatric population. Order laboratory and diagnostic tests. Interpret results. Prescribe medications depending on patients' conditions and needs. Manage acute and chronic health conditions. Educate patients on the importance of a healthy lifestyle choices. Collaborate with other healthcare providers. Follow up with patients to determine treatment effectiveness.

#### **REGISTERED NURSE, ARKANSAS METHODIST MEDICAL CENTER, 900 W KINGSHIGHWAY, PARAGOULD, ARKANSAS**

June 2016 – September 2019

Continually assess post-surgical and cardiac patient's health status and their response to their plan of care. Perform thorough head to toe assessments. Provide and coordinate care for patients by collaborating with the health care team. Delegate tasks to patient care techs. Educate the patient and their families about the patient's health conditions.

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**EDUCATION**

**UNIVERSITY OF TENNESSEE HEALTH SCIENCE CENTER, 920 MADISON AVENUE, MEMPHIS, TENNESSEE**

Doctorate of Nursing Practice: Adult-Gerontology Acute Care Nurse Practitioner and Family Nurse Practitioner

August 2015 – May 2018

GPA: 3.72

600 clinical hours completed in various family practice settings

720 clinical hours completed in various acute care settings

Clinical experiences and site logs available.

**ARKANSAS STATE UNIVERSITY, 104 NORTH CARAWAY ROAD, STATE UNIVERSITY, ARKANSAS**

Bachelor of Science in Nursing

August 2011 – May 2015

GPA: 3.742

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**LICENSES & SKILLS**

AANP Certified Family Nurse Practitioner (F08180954)

ANCC Adult-Gerontology Acute Care Nurse Practitioner (2018036133)

Arkansas Certified Nurse Practitioner License (A005953)

Arkansas Registered Nurse License (R099084)

Basic Life Support (Exp. 08/2024)

DEA and NPI upon request.